

# Wear a Face Covering

## Help Protect Texans

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Your face covering protects **others**  
Their face covering protects **you**

The Texas Department of State Health Services recommends Texans wear face coverings in public places to stop COVID-19 from spreading.

Those who cannot take off a face covering by themselves or have trouble breathing should not wear a face covering.

**COVID-19**  
CORONAVIRUS DISEASE 2019



TEXAS  
Health and Human  
Services

Texas Department of State  
Health Services

For updates and more information, visit [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus)